

Foods		Complimentary Herbs
Vegetables	Asparagus	Tarragon, Thyme
	Beans	Basil, Coriander, Dill, Garlic, Marjoram, Mint, Oregano, Parsley, Rosemary, Sage, Savory, Tarragon, Thyme
	Beets	Dill, Tarragon, Thyme
	Broccoli	Dill, Tarragon, Thyme
	Brussel Sprouts	Basil, Dill, Rosemary, Sage, Thyme
	Cabbage	Dill, Rosemary, Tarragon
	Carrots	Basil, Chives, Dill, Fennel, Marjoram, Oregano, Parsley, Rosemary, Tarragon, Thyme
	Cauliflower	Basil, Dill, Parsley, Rosemary, Tarragon
	Corn	Basil, Coriander, Dill, Mint, Oregano, Parsley
	Cucumbers	Basil, Dill, Fennel, Tarragon
	Eggplant	Basil, Marjoram, Oregano, Parsley, Sage, Thyme
	Onions	Oregano, Parsley, Sage, Thyme
	Peas	Basil, Dill, Garlic, Mint, Marjoram, Oregano, Rosemary, Sage, Savory, Thyme
	Potatoes	Basil, Chervil, Chives, Dill, Marjoram, Oregano, Parsley, Rosemary, Sage, Savory, Sorrel, Tarragon, Thyme
	Salads	Basil, Chamomile, Chervil, Chives, Coriander, Dill, Fennel, Lavender, Lovage, Marjoram, Oregano, Parsley, Sorrel, Tarragon
	Spinach	Basil, Garlic, Marjoram, Mint, Oregano, Tarragon
	Summer Squash/ Zucchini	Basil, Chives, Fennel, Lavender, Marjoram, Oregano, Parsley, Rosemary, Sage, Savory, Tarragon, Thyme
	Sweet Peppers	Oregano, Sorrel
	Tomatoes	Basil, Bee Balm, Chives, Coriander/Cilantro, Dill, Fennel, Marjoram, Oregano, Parsley, Rosemary, Sage, Tarragon, Thyme
	Turnips	Oregano, Rosemary,
Winter Squash	Basil, Chives, Fennel, Marjoram, Mint, Oregano, Rosemary, Tarragon, Thyme	
Meat	Beef, Lamb, Goat	Basil, Bee Balm, Chervil, Coriander, Garlic, Marjoram, Mint, Oregano, Parsley, Rosemary, Sage, Savory, Sorrel, Tarragon, Thyme
	Fish	Basil, Chervil, Chives, Coriander, Dill, Fennel, Lemon Balm, Marjoram, Oregano, Parsley, Rosemary, Sage, Savory, Sorrel, Tarragon, Thyme
	Pork	Fennel, Oregano, Rosemary, Sage, Sorrel
	Poultry	Basil, Bee Balm, Chervil, Coriander, Mint, Oregano, Parsley, Rosemary, Sage, Tarragon, Thyme

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Other	Baked Goods (cookies, muffins, cakes)	Anise, Chamomile flowers, lavender, lemon balm, lemon verbena, Lovage seed, mint, poppy seed
	Breads	Basil, Chives, Dill, Fennel, Garlic, Lavender, Lemon Balm, Marjoram, Mint, Poppy Seeds, Rosemary, Sage, Thyme
	Cheese	Dill, Lavender, Lovage Seed, Oregano, Rosemary, Sage, Savory
	Cottage Cheese	Dill, Lovage Seed, Marjoram
	Eggs	Basil, Chervil, Chives, Dill, Fennel, Marjoram, Oregano, Sage, Savory, Sorrel, Tarragon, Thyme
	Herb Butters	Basil, Chives, Garlic, Lavender, Lemon Balm, Marjoram, Oregano, Parsley, Tarragon, Thyme
	Marinades	Fennel, Rosemary
	Mushrooms	Marjoram, Thyme
	Pasta	Basil, Chives, Coriander, Garlic, Lemon Balm, Marjoram, Oregano, Parsley, Rosemary, Sage, Savory, Tarragon, Thyme
	Rice	Basil, Chives, Coriander, Dill, Parsley, Rosemary, Tarragon, Thyme
	Salad Dressings	Basil, Chives, Coriander, Dill, Garlic, Lavender, Marjoram, Oregano, Parsley, Rosemary
	Sauces	Dill, Garlic, Horseradish, Lovage, Marjoram, Oregano, Savory, Sorrel, Tarragon
	Soups	Chervil, Dill, Marjoram, Lovage, Oregano, Parsley, Rosemary, Sage, Savory, Sorrel, Thyme
	Spreads	Chives
	Tofu	Basil, Chives, Dill, Garlic, Parsley
Yogurt	Dill, Tarragon	
Cuisine Styles	African	Coriander/Cilantro, Fennel
	Caribbean	Coriander/Cilantro, Marjoram, Parsley, Thyme
	Chinese	Chives, Coriander/Cilantro
	French	Chervil, Marjoram, Parsley, Thyme
	German	Dill, Fennel
	Greek	Oregano, Parsley, Rosemary
	Italian	Basil, Oregano, Parsley
	Mexican	Coriander/Cilantro, Oregano
	Spanish	Basil, Parsley, Rosemary